

President's Message

Gammans,

I would like to thank all of the Gammans who were able to attend our national meeting in Albuquerque. We had a great meeting that was highlighted by:

- 1) a team building and productivity workshop conducted by Dr. Keely Rees and Dr. Sharon Thompson;
- 2) an advocacy Uupdate from Adrian Lyde and Denise Siebert;
- 3) a successful poster session;
- 4) a super annual meeting honoring individuals and chapters with awards;
- 5) an update on our new standards for Chapter Awards; and
- 6) an incredible evening at Dr. Bill and Dr. Ann Kane's house - they provided transportation and hosted over 75 people Gammans and friends for dinner.

Personally, the most noteworthy event occurred during our annual meeting when Dr. Robert Synovitz, one of our founding fathers, passed on to me his original Eta Sigma Gamma pin. I accepted it as both a symbol of our honorary, as well as a challenge to uphold the tradition and ideals of ESG. I look forward to a

day in the future when I can pass it on to one of you. Dr. Synovitz also schooled us in the ESG handshake. If you don't know it, please be sure to ask fellow Gammans.

By now I'm sure many of you are feeling a bit overloaded by class projects, papers and exams. It's often a time where ESG activities wind down or seem to lack the level of involvement seen earlier in the year. I want to encourage each of you (especially the seniors) to make a little extra effort in drawing closure to the year. Specifically, there are three requests that I hope you will consider: 1) transitioning to new officers; 2) documenting this years chapter activities; and 3) planning a calendar of events for summer/early fall.

The transition to new officers can help assure that ESG continues to function smoothly. It may also provide opportunities for experienced Gammans to train less experienced. Not knowing where to start or how to expedite tasks is frequently a problem for young officers. In the near future you will be receiving requests for a summary

of your chapter activities as well as a request for chapter award nominations. Please take the time to tell us what you're doing and to nominate your chapter for an individual activity or chapter recognition award. Finally, planning for the new semester helps to get things started in a timely manner. Today, e-mail allows officers to communicate over the summer. When everyone arrives in the fall, organization gives old and prospective members the sense that they are involved with a quality organization. *(Presidents Message continued)*

In the coming year you

(Continued on page 3)

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**ESG NOW HAS PERMANENT
HOME ON THE WORLD WIDE WEB!**

WWW.ETASIGMAGAMMA.ORG



2001 Eta Sigma Gamma Awards

Presented at the Eta Sigma Gamma National Meeting in conjunction with the
American School Health Association National Conference in
Albuquerque, New Mexico, November 9, 2001.

Gamman of the Year
Melissa Seifert
Truman State University
Gamma Rho Chapter

Distinguished Service Award
Judith Luebke
Minnesota State University, Mankato
??Chapter

McGovern Scholarship
Amy Thompson
The University of Toledo
Iota Chapter

Large Chapter of the Year
Central Michigan University
Eta Chapter

Distinguished Service Award
Carolyn Cox
Truman State University
Gamma Rho Chapter

Small Chapter of the Year
Truman State University
Gamma Rho Chapter

Honor Award
Robert Synovitz
Founding Father of ESG

Advocacy Activity of the Year
Southern Illinois University Carbondale
Alpha Alpha Chapter

Congratulations to the Student Gamman Who Presented Poster Sessions in Albuquerque!

American Red Cross Ergonomics Training
Casie Curfman, Nichole Grash
Truman State University, Gamma Rho Chapter

The Importance of Research
Lisa Nitti
Western Michigan University, Chapter

**STAMP: Stop Tobacco Use Among Many People –
Youth Media Advocacy Project**
Jessica Levinkas, Casie Curfman
Truman State University, Gamma Rho Chapter

PACE: People with Arthritis Can Exercise
Casie Curfman, Jennifer Stanley
Truman State University, Gamma Rho Chapter

**Teaching Health Related Topics to At-Risk
Adolescents**
Alan Toigo, Maureen Lonergan
Truman State University, Gamma Rho Chapter

The Health Needs of Adult Female Learners
Kim Peabody
Texas Woman's University, Alpha Phi Chapter



Coalition of National Health Education Organization's 2nd Invitational Meeting: Improving the Nation's Health Through Health Education: A Vision for the Future

Mal Goldsmith, Kathleen Conley, Jeff Clark, and Brandy Lopilato attended the Coalition of National Health Education Organizations (CHNEO) 2nd Invitational Meeting, "Improving the Nation's Health Through Health Through Education: A Vision for the Future" on March 15-17, 2002 in Atlanta, Georgia. They represented Eta Sigma Gamma, as it is a member of the CNHEO. Additionally, many individuals representing other professional associations are also Gammans.

The meeting's purpose was to continue efforts begun in 1995 by the CHNEO at setting priorities for the profession of health education in the 21st Century. In Fall 2001, a report outlining priorities for the profession of health education was released: "The Health Education Profession in the 21st Century: Progress Report 1995-2001." Additional updates can be located in the Journal of School Health and the American Journal of Health Education.

The report outlined six priority areas for the profession of health education (in no specific order): professional preparation; quality assurance; research; advocacy; promoting the profession; and dynamic/contemporary practice.

For each priority area, the CNHEO identified actions external and internal to the profession of health education that would help move the profession forward and be prepared for the challenges of the 21st Century. Representatives of each of the nine member organizations worked diligently at the 2nd Invitational meeting to refine the six priority areas. Additionally, each organization took responsibility for assuring many of the internal and external actions are accomplished over the next few years.

In addition to ESG, there are eight other health education professional association members of the CNHEO: the American Association for Health Education (AAHE);

American College Health Association (ACHA); American School Health Association (ASHA); Association of State and Territorial Directors of Health Promotion and Public Health Education (ASTDHPPE); National Commission for Health Education Credentialing, Inc. (NCHEC); American Public Health Association-Public Health Education and Health Promotion Section (APHA-PHEHP); American Public Health Association-School Health Education and Services Section (APHA-SHES); Society for Public Health Education (SOPHE); and Society of State Directors of health, Physical Education, and Recreation (SSDHPER).

Additional information about the CNHEO can be found at <http://www.hsc.usf.edu/CFH/cnheo/>

*Adrian R. Lyde
Student Representative
ESG Board of Directors*



Travel and Professional Development Grant Awards

Southern Illinois University Edwardsville
Gamma Delta Chapter
\$300

Truman State University
Gamma Rho Chapter
\$300

Texas A & M University
Alpha Pi Chapter
\$300

will have many opportunities to be involved with ESG at the National level. Please consider coming to our national meeting (October 4) in Charlotte. We hold it in conjunction with the American School Health Association's national meeting (Oct 2-5), hence you can get two for one. Also we will be asking your input on several matters related to the services provided by the National office. Your response to these requests will help us better meet your needs. If you are having any difficulties please feel free to e-mail me at

[<mgoldsm@siue.edu>](mailto:mgoldsm@siue.edu) or contact Brandy LoPilato, our executive director at [<blopilato@gw.bsu.edu>](mailto:blopilato@gw.bsu.edu). On behalf of the board of directors please accept our wishes for a successful closure to your school year and for a productive and enjoyable summer.

*Mal Goldsmith, PhD, CHES
President, Eta Sigma Gamma*

Important Dates Planner

Date: _____

To Do: _____

Date: _____

To Do: _____

Date: _____

To Do: _____

Date: _____

To Do: _____

May 2002

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



Eta Sigma Gamma Health Education Historical Library Q and A

By Dr. Loren B. Bensley, Jr., National Historian

The ESG Health Education Historical Library was created to preserve historical documents and make them available to students and scholars for research. The library is at the National Office in Muncie, Indiana. The following questions and answers are designed to inform the profession about the library and to encourage individuals to contribute to the library's collection.

What is the purpose of the library?

The library was established in 1990 for the purpose of preserving documents such as, but not limited to, books, research reports, curricula, correspondence, reports, photographs, biographies, and audio and video tapes. The library's ac-

quisitions are available to students and scholars for research and study.

Who is responsible for the library?

The library is governed ultimately by the National Board of Directors of Eta Sigma Gamma. A library collection's committee, consisting of the national president, secretary/treasurer, and historian, shall make recommendations to the executive committee, regarding the policy and the collections. The national historian serves as the library's curator. The curator is responsible for the safety, security, preservation, and use of the documents.

Where is the library located and how can it be accessed?

The library is housed in the Department of Physiology and Health Sci-

ence at Ball State University. Interested students scholars can contact the National Executive Director for an appointment or list of the library's contents. Certain restrictions exist. For example, only documents that are duplications will be loaned—shipped at the expense of the borrower. Photo copies or recordings of most documents can be made and will be charged to the person making the request.

How may one contribute to the library?

Anyone who has documents they believe would be of historical value may donate them to the

(continued on next page)

Advocacy in Action! By Nancy Koontz Adams

Greetings Gammans! I am excited to share with you a report from this year's Advocacy Summit. As you know September 11 affected all of us, the Summit included.

This year's summit was limited to leaders of the organizations that are a part of the Coalition of National Health Education Organizations (CNHEO). We had a very successful Summit.

This year's topics revolved around increasing funding for the CDC to enhance programs related to Bioterrorism and Public Health Preparedness, Chronic Disease Prevention Programs, Obesity and Poor Nutrition, and Coordinated School Health Pro-

grams. Recently, the CDC had an opportunity to testify to the House Sub Committee on Appropriations and it was clear by the questions that were asked by the Congress



men and women that our messages were heard.

As a follow-up to the Summit, Eta Sigma Gamma is currently involved in helping to prepare written testimony for submission to both the House and Senate related to the above four areas.

It is exciting to see our efforts making a difference. Next year's Summit is expected to be open all Health Educators who want to participate. This is an exciting opportunity – watch for special deals for students!

Get out there and advocate for health education in your community!

(Library continued)

library. In the past, retired professors, teachers, professionals employed by voluntary and governmental agencies, professional associations, and societies have donated personal and organizational collections. Individuals donating to the library will be given a receipt of the monetary value of the donation for tax purposes. There are certain restrictions that exist. For example, size or other physical characteristics may prohibit proper care given resources at the library.

How would I know if materials I have would be of historical value?

Criteria have been established to provide guidance to contributors as well as the library committee. For example: 1) Does date of document warrant its preservation? 2) Are there multiple copies of document? Is it important to preserve more than one? 3) Does document have historical value (e.g., signed by the author; represents a milestone in the profession)? 4) Is

document important to preserve because of the author? Is author notable? 5) Is nature of document (topic) worth preservation? 6) Is document relevant to health education rather than physical education or some other subject matter? 7) Is document a first edition or a subsequent edition of its kind already in library collection? 8) Would document be of greater interest to other collections, such as the archives of AAHE, SOPHE, or ASHA?

What type of documents are in the library's collection?

1) Elementary, secondary, and college textbooks from mid to late 1800s to present; 2) reports from official and voluntary health agencies and associations; 3) audio and video recordings of outstanding leaders; 4) photographs; 5) teaching materials; 6) written histories; 7) biographies of leaders; 8) selected journals.

If you have questions or want to access the library, please contact:

Brandy Lopilato

National Executive Director
Eta Sigma Gamma
2000 University Avenue
Muncie, IN 47306
(765) 285-2258
(800) 715-2559
Fax: (765) 285-3210
blopilato@bsu.edu
www.etasigmagamma.org



Welcome Spring!

Gamman Experiences: The Student Perspective

Eta Sigma Gamma Provides a Stepping Stone to Change My Life

As I am finishing my second year in Eta Sigma Gamma at Central Michigan University, I am just now beginning to realize the importance that this organization has provided for me. Not only has Eta Sigma Gamma allowed me to find a place in health education, but it has given me the knowledge to succeed in this field through many professional development opportunities.

The sense of professionalism I have gotten through the ideals and values of Eta Sigma Gamma has given me direction and a focus to succeed. I truly believe that Eta Sigma Gamma students are unique because we have the opportunity to share a bridge between faculty members in our

profession and also create a unique bond with our peers in our field as well. For me, this has been the start of many great friendships, and I have found a place to share my passion for health education.

Eta Sigma Gamma has been a stepping-stone into the next phase of my life. When I am talking to others about graduating and entering the work field, I feel as though Gammans are already one step ahead because of the preparation we have done in the field. We have been given opportunities to participate in community health programs as well as campus work that gives us experience we otherwise would not have had. The knowledge and hard work we put into

organizing programs creates awareness for health education, but also I believe it teaches us a more important lesson, a sense of professionalism.

Although every chapter has seen its struggles and hardships, the amount of effort put forth to make your individual chapters succeed is far worth it in the end. And, I can truly say if I had to do it all over again, I would do the same thing because all my individual and chapter's efforts have far exceeded my expectations. I will leave Central Michigan University knowing that Eta Sigma Gamma has changed my life.

*Jamie Picken,
Eta Chapter President
Central Michigan University*

What do you think?

Eta Sigma Gamma is looking for ways to better meet the needs of its members, and the Board of Directors wants to know your opinion.

- ♦ Would you be interested in receiving *The Health Educator* in a non-print version (such as on a CD or in another electronic format)? Why or why not?
- ♦ Would you be in favor of having Eta Sigma Gamma try publishing one issue of *The Health Educator* on CD (in PDF format) and then seek members' reactions? Why or why not? Your opinion matters, so all Gammans are encouraged to respond via Email directly to Dr. Roberta Ogletree, Editor of *The Health Educator* at <bobbie@siu.edu>

**Note to Student Gammans:* Your chapter sponsors are going to soon be asked to poll their respective chapters, so please only respond once, either directly to Dr. Ogletree or through your Chapter Sponsor.

Your Opinion Counts! Share it!

Inspiration

To have striven, to have made an effort, to have been true to certain ideals—this alone is worth struggle. We are here to add what we can to, not to get what we can from, life.

William Osler

ESG Board of Directors

For additional contact information, go to www.etasigmagamma.org

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mgoldsm@siue.edu

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Brandy LoPilato

(Executive Director)
blopilato@bsu.edu



***The Health Educator* Has New Editor and Call for Submissions!**

Eta Sigma Gamma, the National Professional Health Education Honorary, is seeking original unpublished manuscripts to consider for publication in *The Health Educator*. This peer reviewed journal is published twice yearly. The journal is indexed in ERIC.

The Journal invites and accepts manuscripts on a variety of topics related to Eta Sigma Gamma's mission of furthering excellence in teaching, research and service in the health education discipline. Research, theory, practice, application, history, philosophy, ethics, and controversy are all appropriate manuscript categories. The "Health Education in Practice" column presents practical, creative and inno-

vative teaching ideas for all settings. Letters to the Editor and Reviews of Books, Computer Software and Educational Videos are also acceptable for submission. Chapters that have received project grants from ESG are encouraged to submit a manuscript to *The Health Educator* or *The Student Monograph*.

With the exception of special solicited manuscripts, reports and addresses, publication requires that at least one author of each manuscript be a current (dues paid) member of Eta Sigma Gamma. "Guidelines for Authors" can be found in recent issues of *The Health Educator* or you may contact the Editor at the address below to receive a copy via e-mail.

It is anticipated that the Spring issue will appear in April and the Fall issue in November. There are no *established* deadlines for submissions, but for consideration in the Fall issue, manuscripts should be received by August 30, 2002. For consideration for the Spring, 2003 issue, manuscripts should be submitted by January 30, 2003.

For more information, contact:
Roberta J. Ogletree, HSD, CHES
Editor, *The Health Educator*
Department of Health Education and Recreation
Southern Illinois University
Carbondale, IL 62901
618-453-2777 phone
618-453-1829 FAX
bobbie@siu.edu email

Application for Eta Sigma Gamma STUDENT Poster Session

Held at the ESG National Meeting in conjunction with the
76th Annual Conference of the American School Health Association
Charlotte, North Carolina ■ October 2-6, 2002

Note: *Incomplete applications will not be considered.* Please type or print clearly.

- 1) Title of Poster Session Proposal: _____
- 2) Primary Presenter Name: _____
University: _____ Major: _____
Year in School: _____ Chapter Name: _____
Mailing Address: _____
City: _____ State: _____ Zip Code: _____
Telephone: _____ E-mail: _____
- 3) Additional Presenters (include names, school, ESG Chapter, and addresses):

- 4) Poster Session Proposal Type (check one): 250 Word Abstract (check if included in submission)
____ Research _____ Yes
____ Teaching _____ No
____ Service
- 5) Poster Session Proposal Participant Behavioral/Learning Objectives:
At the end of the session, the participant will be able to:
1) _____
2) _____
- 6) _____
Primary Presenter Signature _____ Date _____
- 7) _____
Chapter Sponsor Name (print clearly) _____

*Chapter Sponsor Signature _____ Date _____

* Signature by Chapter Sponsor indicates sponsor has reviewed student proposal in full, and, in accordance with submission guidelines and other professionally accepted standards, agrees the work submitted is of the highest quality. *Proposals submitted without Chapter Sponsor Signature will NOT be considered.*

Submit Proposals to:

Adrian R. Lyde, MSED, CHES
Student Representative, ESG Board of Directors
13 Carraway Court
Bloomington, IL 61704

*Proposals must be received by **June 7, 2002**.*

Applicants will be notified about the acceptance or rejection of their proposal on or before August 19, 2002.

2002 Eta Sigma Gamma Student Poster Session Submission Guidelines

1) ESG is soliciting proposals of original, creative, student poster presentations for the ESG National Meeting at the 76th American School Health Association Conference, October 2-6, 2002, in Charlotte, NC.

2) Using *the form on the previous page as a title page*, prepare and submit the following by **June 7, 2002**:

- ⇒ One completed title page
- ⇒ Four copies of abstract (see proposal and abstract guidelines below)
- ⇒ One brief resume for each presenter (one page maximum)

3) Information on student poster session proposal elements:

Abstract: Each poster session proposal should include a 250 word abstract. The contents of the abstract should reflect the requirements of one of the three categories below that best fits the student project.

Poster Session Proposal Types:

Research: (related to the goals and ideals of Eta Sigma Gamma by Chapter or individual Gammans): In a 250 word abstract (standard size font) the following information must be included: title of proposal, research purpose, significance, methods, results, conclusions and recommendations.

Teaching: (community/school/university educational programs, etc.) In a 250 word abstract (standard size font) the following information must be included: title, brief description of project, project objectives, discussion of degree to which objectives were met, conclusions, and implications for health education and/or Eta Sigma Gamma.

Service: (community/school/university service programs, activities, etc.) In a 250 word abstract (standard size font) the following information must be included: title, brief description of project, project objectives, discussion of degree to which objectives were met, conclusions, and implications for health education and/or Eta Sigma Gamma.

Participant Behavioral/Learning Objectives

Please indicate, in complete sentence format, the intended learning outcomes for viewers/participants of your poster presentation. You may include up to two objectives. Complete the following sentence for each objective. *At the end of the poster session, participant will be able to :*

Review Process

Students should not place their names on any part of the abstract. Proposals will be reviewed by a panel of student reviewers in a blind review process, and all applicants will be notified about the acceptance or rejection of their proposal on or before August 19, 2002. Proposals must **received** on or before **June 7, 2002**.

Send proposals or questions to:

Adrian R. Lyde, MEd, CHES
Student Representative, ESG Board of Directors
13 Carraway Court
Bloomington, IL 61704
alyde@siu.edu



Upcoming Conferences

American Alliance for Health, Physical Education, Recreation, and Dance

April 9-13, 2002
San Diego, California
www.aahperd.org

Society for Public Health Education Midyear Scientific Meeting

May 2-4, 2002
Cincinnati, Ohio

Annual Meeting
November 8-10, 2002
Philadelphia, Pennsylvania
www.sophe.org

American School Health Association

October 2-6, 2002
Charlotte, North Carolina
www.ashaweb.org

*Attention Students: Sign up to monitor
ASHA conference sessions and receive
free conference registration and one year
membership!*

<http://www.cast.ilstu.edu/temple/2002monitors.htm>

Eta Sigma Gamma

National Meeting held in conjunction
with **ASHA!**

October 2-6, 2002
www.etasigmagamma.org

American Public Health Association

November 9-13, 2002
Philadelphia, Pennsylvania

Ball State University Graduate Assistantships

(paid advertisement)

The Department of Physiology and Health Science at Ball State University is offering graduate assistantships for Master's degrees in Community Health Education and School Health Education. Tuition is waived and a minimum stipend of \$7100 is provided. Application accepted on or before March 31, 2002 will receive first priority, although applications will be accepted until all positions are filled. Interested students can access additional information at the department web site

www.bsu.edu/physiology-health/

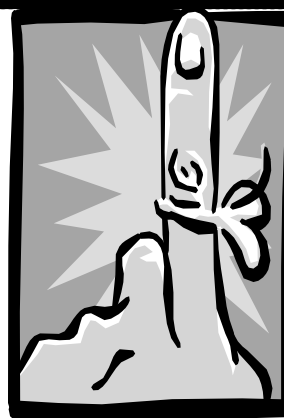
For further information, contact Dr. Jeff Clark (jclark@bsu.edu) by email or correspond by mail to Dr. Jeff Clark, Department of Physiology and Health Science, Ball State University, Muncie IN 47306; Phone: (765) 285-5961

ESG Vision Newsletter Goes Online

The 2002 Winter-Spring *ESG Vision* newsletter will soon be online at www.etasigmagamma.org
Future issues will be online as well!

Update Membership Information

Contact Brandy Lopilato,
Executive Director
Eta Sigma Gamma
2000 University Avenue
Muncie, IN 47306
(765) 285-2258
(800) 715-2559
Fax: (765) 285-3210
blopilato@bsu.edu
www.etasigmagamma.org





Apply for Eta Sigma Gamma Individual Awards

(Application Deadline June 1, 2002)

By Kathleen Coneley, National Vice President

Every year Eta Sigma Gamma honors individual Gammans from local collegiate chapters for their efforts in furthering the goals of Eta Sigma Gamma. We encourage you to apply for one of Eta Sigma Gamma's individual awards!

What awards are given?

Three individual awards are given each year, including the Gamman of the year Award, the John P McGovern, MD Scholarship Award, and the Founder's Scholarship.

Who is eligible for these awards?

Gamman of the Year: This \$500 award is given to a Gamman (undergraduate or graduate student)

who has achieved significant accomplishments in teaching, service, and research, both as a Gamman, and through other professional involvement in health education.

John P. McGovern, MD Scholarship Award: This \$500 scholarship is given to a graduate student who is an active member of ESG. Applicants are evaluated on their overall undergraduate GPA and accomplishments in teaching, service, and research, both as a Gamman and through other professional involvement in health education. Experience in leadership roles is emphasized.

Founder's Scholarship: This \$500 scholarship is awarded to an under-

graduate member of ESG who has an overall GPA of 3.0 or higher. Applicants must have at least one semester of academic work left to complete their degree requirements.

How do I apply for an award?

Contact the National Office for an application and additional information on awards or visit the web site at www.etasigmagamma.org

When are applications due?

Applications must be sent to the National Office by June 1, 2002.

Mail your application to:
Eta Sigma Gamma
2000 University Avenue
Muncie, IN 47306

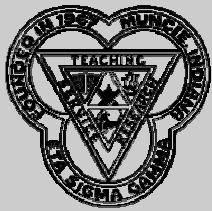
2002 SOPHE Student Award Program—Apply or Nominate Today!

- **Graduate Student Research Paper Award-** This award fosters quality graduate student research and recognizes outstanding graduate students for creative and innovative research. Included are a \$250 stipend, complimentary registration at SOPHE's Annual Meeting, and an opportunity to present the winning paper at a future SOPHE conference.
- **Vivian Drenckhahn Student Scholarship-** Two scholarships of \$1500 each are awarded to deserving undergraduate and graduate level full-time students in their pursuit of educational and professional development in health education.
- **SOPHE/CDC Injury Prevention and Control Fellowships** – Three fellowships are awarded to full-time graduate or undergraduate students to conduct health education research or practice-based projects on injury prevention and control. This year projects in both unintentional and intentional injury prevention and control will be considered. Each fellow will receive a \$1,200 stipend, SOPHE student membership, and complimentary registration at the SOPHE 2003 Annual Meeting in San Francisco, where they will present their projects.

Nominations for all awards are due on **July 31, 2002**. Application forms, and information on other SOPHE award categories, are available on SOPHE's website (www.sophe.org) or by contacting 202/408-9804. Don't delay!



Visit the ESG Web Site at www.etasigmagamma.org to obtain information on **Chapter Awards** of Excellence, Achievement, and Recognition.



THE ETA SIGMA GAMMA VISION

Eta Sigma Gamma
2000 University Avenue
Muncie, IN 47306

www.etasigmagamma.org

Adrian R. Lyde, Editor
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